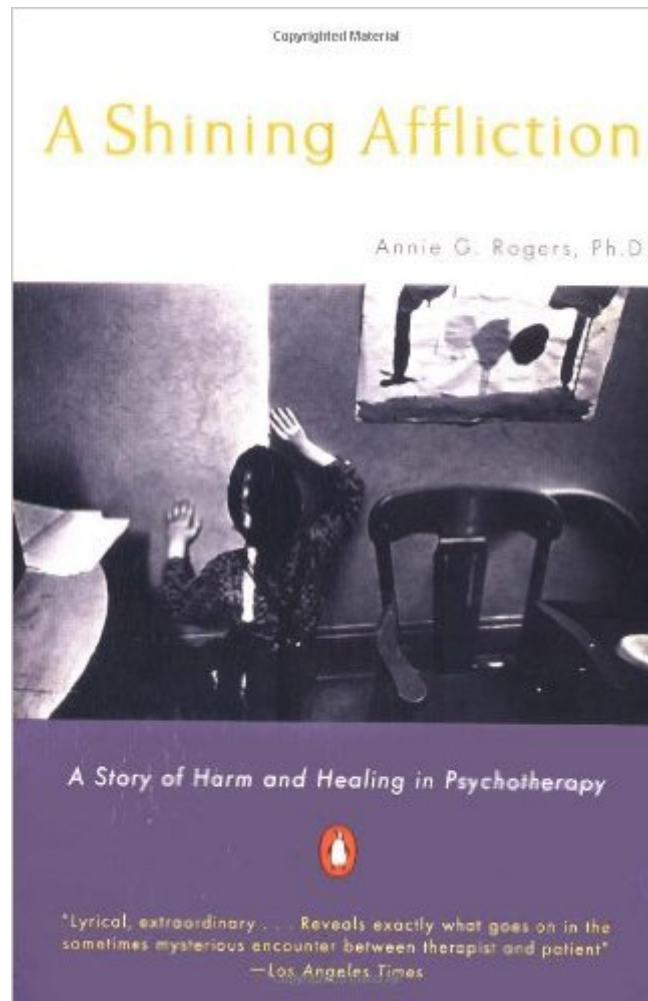


The book was found

# A Shining Affliction: A Story Of Harm And Healing In Psychotherapy



## Synopsis

"Soars into sublime meditation...what makes this book so extraordinary is her willingness to reveal exactly what goes on in the sometimes mysterious encounter between therapist and patient."#151;The Los Angeles Times.

## Book Information

Paperback: 336 pages

Publisher: Penguin Books; Reprint edition (August 1, 1996)

Language: English

ISBN-10: 0140240128

ISBN-13: 978-0140240122

Product Dimensions: 5 x 0.7 x 7.8 inches

Shipping Weight: 9.9 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ Â See all reviewsÂ (40 customer reviews)

Best Sellers Rank: #238,748 in Books (See Top 100 in Books) #103 inÂ Books > Biographies & Memoirs > Professionals & Academics > Social Scientists & Psychologists #598 inÂ Books > Medical Books > Psychology > Counseling #673 inÂ Books > Health, Fitness & Dieting > Psychology & Counseling > Counseling

## Customer Reviews

Dr. Annie Rogers is a psychtherapist in a treatment center identified as "Glenwood" in the Chicago area. This work focusses on Ben, a 5-year-old boy in treatment because of his violent and self abusive behaviors and history of abuse and extreme neglect in infancy. Ben uses metaphoric language to describe his torment and only alludes to the abuse he suffered in infancy. He revisits this period in his life by playacting "baby" and "baby bear" with Dr. Rogers playing "mama bear" who saves "baby from the forest fire." This no doubt is a reference to when Ben was abandoned in a burning building at age one. He is finally adopted by a loving couple who have sought all types of treatment for this boy who was only recently toilet trained prior to his admission at Glenwood. During Ben's sessions, the themes of "baby" and "fires" are re-enacted. In one memorable session, Ben arrives in an angel suit to show the doctor his innate goodness. As they progress further in treatment, Dr. Rogers unearths her own traumatic past. She retreats into silence and is ultimately hospitalized. She is also devastated by the refusal of another professional to maintain contact with her. This professional, identified as "Melanie Sherman" appears to be singularly callous in cutting all ties with Dr. Rogers. Like Ben, Dr. Rogers uses nature themed metaphors to describe her

displacement. She identifies with the lone bird, circling above the city, sad-eyed and searching. It is to her great fortune that she is treated by the gentle, gifted Dr. Blumenthal. Dr. Blumenthal treats her with respect and at no time does he challenge her when she expresses a delusional concept.

[Download to continue reading...](#)

A Shining Affliction: A Story of Harm and Healing in Psychotherapy  
The Hidden Smile of God: The Fruit of Affliction in the Lives of John Bunyan, William Cowper, and David Brainerd (Swans Are Not Silent)  
Affliction: Knights Rebels, Book 2  
In Harm's Way: The Sinking of the U.S.S. Indianapolis and the Extraordinary Story of Its Survivors  
Crystal Healing: How crystal healing works, crystal therapy, the human energy field, gemstones, and how to use crystals for healing and increased energy!  
Healing Scriptures for a Broken Heart: Experience Emotional Healing and Healing the Wounds of the Past  
Healing Scriptures: 300 Healing Bible Verses on the Proven Healing Promises from God's Word  
Shining Star: The Anna May Wong Story  
From Sea to Shining Sea: The Story of America  
Moral Disengagement: How People Do Harm and Live with Themselves  
Bad Pharma: How Drug Companies Mislead Doctors and Harm Patients  
The Digital Doctor: Hope, Hype, and Harm at the Dawn of Medicine's Computer Age  
Better Never to Have Been: The Harm of Coming into Existence  
Out of Harm's Way : Moving America's Lighthouse  
Bodily Harm  
Shining Star: Braving the Elements of Earth, Wind & Fire  
From Sea to Shining Sea (Ellis the Elephant)  
Knights in Shining Armor  
Churchill Plays: 1: Owners; Traps; Vinegar Tom; Light Shining in Buckinghamshire; Cloud Nine (Contemporary Dramatists) (Vol 1)  
The Shining

[Dmca](#)